

## **Minutes ICF Gauteng Chapter Event**

**Thursday 27 November 08 at 19h00 at Bryanston Sports Club**

**1. Introduction, Welcome and Confirmation of the agenda by Tammy Perrie**

**ICF Conference – Montreal, Canada**

Panel:

Tammy Perrie

Daphna Horowitz

Gerrie de Villiers

**Introduction by Daphna Horowitz**

Conference 1500 coaches 51 countries

Theme – sustainability

Opening 1500 coaches singing with Coach leading the song

*'When you were born you cried  
live your life so that when you die  
the world cries and you rejoice'*

**Key highlights:**

The 3 key note speakers

Environmental sustainability Vandana Shiva

only to the extent that you have humility can you learn

Environmental Business sustainability Peter Senge

Our prevailing system of mgt has destroyed our people

The long lived company see themselves first and foremost  
as a community – not a profit machine

Need to change our paradigms on the need to work together

Coaches are the link between inner and outer world -

Coaches are making an impact on the world

Happiness – meditation's contribution

How can we make a difference?

We cannot achieve our full potential if we do not pay  
attention to ourselves

Compassion without action is sterile

**Break out sessions - each time 7 different tracks**

Post conventional thinking – challenge in a yes/and way and not an either

or

Look for wisdom in **all** perspectives

Awakening the dreamer – changing the dream

We have given all rights to the human world and none to the natural world

The power of one is the power to do something

Where the world's crying need intersects with your deep passion - there is your work

Scientific stream

Need to do more to understand why it works

More scientific research is needed

Coaching does have a positive effect – it has been proven it has an effect on attitude

Psychology – looks at what is wrong – and coaching looks at what is right – focus on the positive; highlight strengths; work on positive emotions

Core competencies – Listening and powerful questioning  
demonstrated deep listening  
succinct questioning

#### **Conference close:**

Discussion group on – conference closure

- what was the purpose of you being at the conference

#### **General**

We are part of a global coaching community – ICF has 15 000 members; 4400 accredited coaches.

Industry trends:

Growing industry

Gaining respect

Lot of research being done

Accreditation becoming more important

Move to team coaching

New opportunities in instilling a coaching culture within organizations

#### **Anne Heslop's thoughts read by Daphna**

Reminded we are thought leaders

How are we holding and honouring a sacred place for our clients?

What happens when the coach moves from control to trust and presence?

What does it mean to embody wisdom and access wholeness?

What might we miss as a coach, when we avoid a tough question?

Do we recognize the greatness that is often hidden in the shadows?

Are we ready when the opportunity presents itself in a coaching moment?



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**Questions:**

Next conference 2009 in Orlando 2 to 5 December

Psychologists – concerns of crossover with coaching – these were not highlighted – However the ICF Gauteng Chapter has appointed Div Lessing as our regulatory liaison representative for the chapter

Increased awareness of our impact on our environment – the power of one  
What can we do to make a difference – will have some suggestions as a chapter

As coaches we open up new perspectives

Fast moving to a mature industry in SA – how can we as coaches on corporate level look at the sustainability – need to challenge each other and put a SA flavor on coaching – Exco will be discussing starting a debate on this subject as future events

**Experiential learning circles**

**Quote:** Bringing forth an environmentally sustainable spiritually fulfilling and socially just human presence on this planet as the guiding principle of our times

**In groups:**

QUESTION: What does this mean to you and what can we do as coaches to make a difference?

**Debrief:**

**Environmental:**

- take personal responsibility
- include in intake questionnaire/assessment/tools
- be a role model – becoming the change you want to be
- asking questions that will engender personal enquiry
- work with the client's vision
- being responsible consumers
- interdependence with the environment to sustain us
- find out what can do and do it!
- use opportunities when coaching to expand

**Spirituality**

- Are we spiritual beings having human experience; or human beings having a spiritual experience?
- Being compassionate
- Meet clients where they are
- Interconnectedness of all living things
- Global awakening
- How we are determines



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Growing an awareness – is spiritual  
Impacting on corporates and encouraging new ways

**Social**

belong to a greater community – the spirit of Ubuntu  
connect by just being  
each interaction has a social responsibility  
each action has a reaction  
even not communicating *is* communicating  
networking an opportunity  
technology has isolated people and encouraged social networks – use to  
our advantage  
coaches encourage conversation  
take traditional values and break the illusions down and can then be built  
up again

**2. Invoices**

Available at meetings for delegates/members who would like one

**3. Next meeting and close**

- Tammy Perrie thanked all participants for their attendance
- Next event: 29 January 09 - Results Coaching methodology and demo

Meeting closed at 20h50 with a social and a lucky business card draw